

MEDICAL QIGONG THERAPY - NEUROLOGY & GERIATRICS

BY PROF. JERRY ALAN JOHNSON, PH.D., D.T.C.M (CHINA)

WEDNESDAY, AUGUST -, 2021

8:00 a.m. Introduction to Neurology.

Reading Assignment: V5, Ch. 70 (p. 309).

- **Understanding Different Types of Stroke.**

The symptoms, etiology, and different degrees of stroke severity.

Reading Assignment: V5, Ch. 70 (p. 310-323).

- **Treating Tense, Flaccid, and Chronic Stroke.**

Reading Assignment: V5, Ch. 70 (p. 324-331).

12:00 (NOON) - BREAK FOR LUNCH

2:00 p.m. Review

- **Coma Symptoms, Etiology, and Degrees of Severity.**

Reading Assignment: V5, Ch. 70 (p. 332-334).

- **Applications for Treating Coma Patients.**

Reading Assignment: V5, Ch. 70 (p. 335-338).

THURSDAY, AUGUST -, 2021

8:00 a.m. Review and Examination

Exam #1: Explain and demonstrate the applications used in treating a Mild Strokes

Exam #2: Explain and demonstrate the applications used in treating a Flaccid Stroke

Exam #3: Explain and demonstrate the applications used in treating a Tense Strokes

Exam #4: Explain and demonstrate the applications used in treating Facial Paralysis: Bell's Palsy

Exam #5: Explain and demonstrate the applications used in treating Hemiplegia-Unilateral Paralysis

Exam #6: Explain and demonstrate the applications used in treating Paraplegia- Bilateral Paralysis

Exam #7: Explain and demonstrate the applications used in treating a Coma Patients

10:00 a.m. Qigong Therapy With Surgery

- **Introduction to Surgery.**

Reading Assignment: V4, Ch. 59 (p. 679-688).

- **Using Qigong Therapy With Surgery.**

Reading Assignment: V4, Ch. 59 (p. 688-703).

- **Qigong Therapy & Organ Transplantation.**

Reading Assignment: V4, Ch. 59 (p. 704-705).

12:00 (NOON) - BREAK FOR LUNCH

2:00 p.m. Review and Examination

- Exam #8: Explain and demonstrate the applications used in treating a Pre-Operation Patient.

- Exam #9: Explain and demonstrate the applications used in treating a Post-Operation Patient.

4:00 p.m.

- **Qigong Therapy & Treating Phantom Pains.**

Reading Assignment: V4, Ch. 59 (p. 706-708).

- **Qigong Therapy & Treating Scar Tissue.**

Reading Assignment: V4, Ch. 59 (p. 709-716).

FRIDAY, AUGUST -, 2021

8:00 a.m. Review and Examination

- Exam #10: Explain and demonstrate the applications used in treating Phantom Pains.

- Exam #11: Explain and demonstrate the applications used in treating a Scar Tissue Formation.

10:00 a.m. Introduction to Geriatrics.

Reading Assignment: V5, Ch. 71 (p. 341-344).

- **The Etiology of Aging, According to Traditional Chinese Medicine.**

Reading Assignment: V5, Ch. 71 (p. 345-357).

- **Various Symptoms of Old Age.**

Reading Assignment: V5, Ch. 71 (p. 358-375).

- **The Two Main Priorities When Treating Elderly Patients.**

Reading Assignment: V5, Ch. 71 (p. 376-377).

- **Clinical Protocols used for Treating Different Types of Dementia.**

Reading Assignment: V5, Ch. 71 (p. 378-384).

12:00 (NOON) - BREAK FOR LUNCH

2:00 p.m. Review and Examination

Exam #8: Explain the two main priorities when treating elderly patients

Exam #9: Explain and demonstrate the applications used in treating different types of Dementia; and their associated Medical Qigong Prescription Exercises

4:00 p.m. Treating Different Types of Vertigo.

Reading Assignment: V5, Ch. 71 (p. 385-386).

SATURDAY, AUGUST -, 2021

8:00 a.m. Review

9:00 a.m. Treating Different Types of Arthritis.

Reading Assignment: V5, Ch. 71 (p. 387-389).

- **Medical Qigong Exercises used for Treating Arthritis in Elderly Patients.**

Reading Assignment: V5, Ch. 71 (p. 390-399).

12:00 (NOON) - BREAK FOR LUNCH

2:00 p.m. Review and Examination

Exam #10: Explain and demonstrate the applications used in treating different types of Vertigo

Exam #11: Explain and demonstrate the applications used in treating different types of Arthritis; and their associated Medical Qigong Prescription Exercises.

- **Medical Qigong Exercises used for Treating Mental Focus in Elderly Patients.**

Reading Assignment: V5, Ch. 71 (p. 400-404).

SUNDAY, AUGUST -, 2021

8:00 a.m. Review and Examination

Exam #12: Explain and demonstrate the applications used for increasing Mental Focus in Elderly Patients

Exam #13: Explain and demonstrate the applications used for treating the patient's emotional stability,

10:00 a.m. Facing the Death of a Patient

- **Understanding the Death Process.**

Reading Assignment: V3, Ch. 33 (p. 522-529).

- **Death and the Chakra System.**

Reading Assignment: V3, Ch. 33 (p. 530-533).

12:00 (NOON) - BREAK FOR LUNCH

2:00 p.m. Helping a Dying Patient Pass.

Reading Assignment: V3, Ch. 33 (p. 533-535), also The Hidden Teachings of Christian Mysticism (Vol #1), Chapter 38, p. 267-272

- **The After Death Experience.**

Reading Assignment: V3, Ch. 33 (p. 535-536).

- **The Forgiveness Prayer.**

Reading Assignment: V3, Ch. 33 (p. 537-539).

5:30 p.m. Graduation & Certification